

Lesson 48

Respecting Your Parents

OBJECTIVE

Students will learn how important it is to respect their parents. They will then memorize the āyah.

فَلَا تَقُلْ لَهُمَا أُفٍّ وَلَا تَنْهَرْهُمَا

Transliteration: Falā taqul-lahumā uffin wa lā tanhar humā
Translation: So do not say uff! (a word of disrespect) to them (your parents) and do not brush them aside
Āyah Source: Sūrah al-Isrā', Verse 23 (17:23)

STEP 1: INTRODUCTION



1. **Begin** each lesson with Bismillāhir Raḥmānir Raḥīm (encourage students to join you in reciting and doing the associated hand gestures before each lesson).
2. **Guiding questions:** Today, we are going to talk about how to talk to our parents. How should and shouldn't we talk to them?
3. **Make a list:** Together with your students, make a quick list. Jot down their responses onto a poster paper or whiteboard.
4. **SAY:** We are going to learn a new and special āyah today. I want you to listen carefully and think about what this āyah is telling us.
5. **Show and recite:** Show students the picture as you slowly and clearly recite the āyah in Arabic.
6. **ASK:** In this āyah what is Allah saying about how we shouldn't talk to our parents? Students will most likely answer, "To not say a word of disrespect to them!" Remind students that even saying "uff" is disrespectful.
7. **Read translation slowly and clearly:** Now I will read what this āyah means.

LESSON 48: RESPECTING YOUR PARENTS



So do not say uff! (a word of disrespect) to them (your parents) and do not brush them aside

Sūrah al-Isrā', Verse 23 (17:23)

﴿فَلَا تَقُلْ لَهُمَا أُفٍّ وَلَا تَنْهَرْهُمَا﴾

Falā taqul-lahumā uffin wa lā tanhar humā

STEP 2: DISCUSSION



1. Ask students to sit in a circle facing you. During the discussion, jot down key points on a whiteboard or chart-paper.
2. Use the talking points below to encourage an interactive discussion with students:
 - Allah wants us to have the best attitude toward our parents. Do you think Allah's happy with you when your parents are unhappy with you? No! But when your parents are happy with you, Allah is happy with you!
 - In this verse, Allah says that you shouldn't even say "uff" to your parents. It doesn't even have to be uff. Sighing, saying "ugh," or banging things out of anger and annoyance all displease Allah as well.
 - Imām as-Şādiq (‘a) said that if there was a word even smaller than "uff," Allah would have used that word as an example and would say that you shouldn't even use that word.
 - Listening to and respecting your parents will open many doors of Allah's mercy and blessings for you!
 - Prophet Mūsā (‘a) once asked Allah who his companion would be in Jannah. Angel Jabrā'īl was sent to tell him that his companion would be a butcher who lived nearby. Prophet Mūsā (‘a) went to this butcher's house who invited him for dinner. During dinner he saw this man taking care of his mother, feeding her bite by bite. She would say to him, "May Allah forgive you and place you in the company and in the rank of Prophet Mūsā (‘a) in Paradise." Prophet Mūsā (‘a) said, "O' Youth! I give you glad tidings; Allah has accepted your mother's prayers and Jabrā'īl has informed me that you shall be my companion in Paradise!"

STEP 3: MEMORIZATION & HAND GESTURES



- SAY:** We will be memorizing this beautiful āyah using special hand gestures! I want you all to listen attentively and watch carefully as I recite the āyah with these special signs.
- Introduce each sign:** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to imitate your actions. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
- Example:** When you show the action ‘pretend to brush aside,’ be sure to say the Arabic (tanhar humā) and translation (brush them aside) so that students can associate the sign with the Arabic word and English meaning.



Make “No” with your finger (Falā - so do not)



Make “No” with your finger (Falā - so do not)



Put one hand next to your mouth and pretend to talk (Taḡul-lahumā - say a word of disrespect)



Uff with angry face (Uffin)



Make “No” with your finger (Wa lā - and do not)



Make “No” with your finger (Wa lā - and do not)



Pretend to brush aside (Tanhar humā - brush them aside)

- Video:** Tell students that you have a special video of the gestures that you will show them. Watch the video at <https://kisakids.org/pages/quranmemorization> or refer to QR code on page 4. Watch the video 2-3 times.
- Group Practice:** Do the signs while reciting the āyah, increasing your volume each time, which will give your voice some variation. Start with a whisper and repeat until you get to a louder voice. This will get students excited and encourage them to recite and imitate your voice and actions.
- Partner Practice:** Students should practice with a partner, reciting the Arabic and English with the gestures 5 times.
- Students Share:** Encourage a few students to demonstrate and give positive feedback.
- Final Practice:** As a class, slowly do all the signs as you recite the āyah out loud. Repeat with translation.
- Note:** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: STORYTIME



Directions:

- Show students the picture of the story, ask them to help you come up with names for the characters on the page, and then create a story.
- OR** use the sample story below:

“Ammar, can you pick up your toys before we go?” Ammar’s mother called out to him. He had to leave for Sunday school soon. “Ok, I’ll do it,” he replied and didn’t get up. When his mother came in, she looked around and saw his toys were still spread out around the room. “Ammar, it’s almost time to leave, can you please pick up your toys?” she asked again. “Ugh, okayyy,” he responded, and got up to put them away. When he was done, he hopped in the car. Ammar’s father, coming out with his arms filled with bags, asked him to help him carry them. “But I’m already in the car!” Ammar said sighing, as he got out to help.

Later, in class, Ammar’s teacher talked about respecting parents. “It’s so important to respect your parents. Allah says that He doesn’t accept good deeds from a person that disrespects their parents. What are some ways we can respect our parents?” The students took turns answering. “Helping them around the house!” “Cleaning up after ourselves!” Good thing I already do these things, Ammar thought. Then the teacher said, “All of these are correct, but it is also very important that we don’t even say “uff” to our parents, which means you shouldn’t say even the slightest disrespectful or negative thing to them.” Now Ammar got worried, remembering that he said uff and sighed before reluctantly helping them. When Ammar got home, he ran up to his parents, gave them hugs, and kissed their hands. “I’m sorry for the times I got annoyed by you,” he said. They both smiled and hugged him back. His parents were pleased with him and so was Allah!

We learned today that Allah says in the Qur’an that [read āyah with translation]. We should remember to never say “uff” to our parents, always respect them, and speak to them nicely no matter what!

STEP 5: COLORING



As students color, walk around and encourage them to recite the āyah and perform the hand gesture. When they finish coloring, they can complete the matching worksheet.